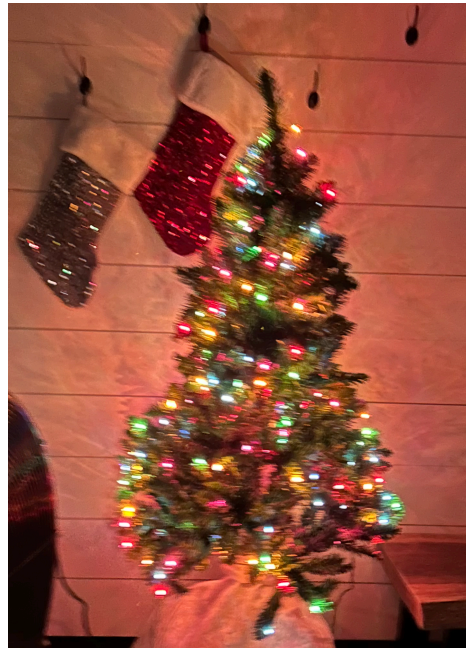

The December 🌲 news at Vicious



GIVING 📦 TREE



Vicious will be bringing back the "Giving Tree" in our Studio 3 lobby, presenting Medford families in need during the holiday season.

On the tree we will have ornaments with the gender and age of each child with a list of gift ideas based on likes and interests.

We are asking if members take a tag and purchase a gift to return the gift(s) AND the tag to Vicious.



This year we are asking for the gifts to be UNWRAPPED and returned by 12/15.

Please don't hesitate to ask questions!

We are so proud of our generous members and excited to clear the tree!

Holiday Schedule Changes

Please keep an eye on class schedule for adjustments during the busy holiday season.

The studio will be closed on 12/25, 12/26, and 1/1.

We will be open for the morning only on 12/24 and 12/31.

Need a Gift Card?

Gift Cards are available year round at Vicious.

Grab a gift card for Christmas

Employee Spotlight



Danielle is one of our member turned instructors and she not only took on the role with passion but embraced the 5:15am with challenges and energy! Danielle can push limits on the bike or heart rates in her HIIT classes! She takes her position to

new heights by introducing HIIT Strength classes when she can, providing a new format to challenge to our members. Don't let Danielle's bubbly personality and big smile fool you, her workouts will burn in all the right ways!

Milestone Celebrations

Milestone 100

Emily K

Samantha F

Cindy K

Kristina W

Nicolette H

Heather M

Share a 🥂 if you see them in class.

Say it louder so we can hear you in the back!

Please leave us a review



Don't like these emails? [Manage Email Preferences](#)

Powered by [LoopSpark](#)